Hiring Lab

Economic Research by Indeed

2026 Q2 US Tech Labor Market Update

The Tech labor market update brings both some expected and some surprising news. Software Development job postings notched a sizable gain amid increasing uncertainty around the AI rollout. Less surprisingly, the quits rates in tech-related industries are quite low as workers hold on to the jobs they have in hand.

Indeed Job Postings

Signs of an improbable rebound in Software Development job postings

Indeed job postings, through July 17, 2026

Occupational category	% change in past year	% change from Feb 01, 2020
Software Development	15.3	-24.4
IT Infrastructure, Operations & Support	6.7	-29.0
Data & Analytics	2.4	-36.9
IT Systems & Solutions	2.2	-28.0

Source: Indeed

- Overall US job postings on Indeed appear to have stabilized near pre-pandemic levels, dipping just 2.3% in the year to July 17, 2026, and standing just over a percentage point above its February 2020 level.
- All Tech categories have registered a gain in job postings in the year to July 17, 2026.
- Perhaps a bit surprising, given all the AI uncertainty, is a 15.3% increase in Software Development job postings over the past year.

Tech Wage Growth

Software Development wage growth gaining ground

Year-over-year growth in posted wages, 3mo avg, through May 2026

Occupational category	May 2026	Ppt change past 6 months
IT Systems & Solutions	3.3%	0.7
Software Development	3.1%	1.6
IT Infrastructure, Operations & Support	0.9%	-2.1
Data & Analytics	0.1%	-1.0

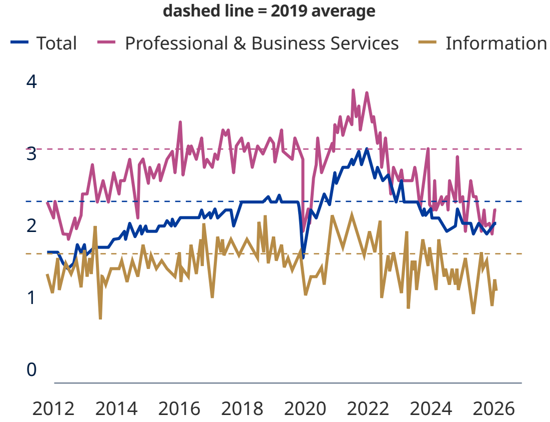
Source: Indeed

- The picture for Tech wage growth is a mixed bag.
- IT Infrastructure, Operations & Support wage growth has slowed dramatically, falling 2.1 percentage points in the last six months.
- On the other hand, Software Development wage growth has climbed 1.6 percentage points in the last six months to reach 3.1% year-over-year in May 2026.

Tech Quits

Tech workers holding tight in uncertain times

Quits rate, %, seasonally adjusted, through May 2026, dashed line = 2019 average

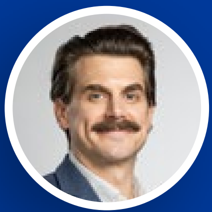


Source: Bureau of Labor Statistics

- Tech workers do not seem eager to switch roles in a moment dominated by talk of AI-induced change.
- The quits rates for the Professional & Business Services and Information sectors are volatile but still trending down.
- Both quits rates are below their 2019 average by a sizable margin.

About Our Quarterly Sector Reports

Hiring Lab analyzes the latest Indeed data each quarter to provide labor market insights for the Transportation, Retail, Business-to-Business, Tech, and Healthcare sectors. We examine trends in job postings, wage growth, worker churn, and occupational categories to inform employers and job seekers about changes in employment across these sectors.



About Daniel Culbertson

Daniel is a senior economist with Indeed Hiring Lab, focused on the US labor market. He regularly provides labor market insights to Indeed's customers and has deep expertise in analyzing labor market trends across vertical industries. Previously, Daniel specialized in regional analysis and forecasting as an economist with Moody's Analytics. He holds a Master's Degree in Economics.

About Indeed Hiring Lab

Indeed Hiring Lab creates innovative data insights on the global labor market that inspire new conversations about the state of work. As the economic research arm of Indeed, the world's number one job site, Hiring Lab is driven by a team of leading economists and data scientists who provide real-time thought leadership on global labor market conditions, including hiring trends, salary information, popular skills, and employer benefits. Hiring Lab analyzes millions of data points across time collected from Indeed's proprietary job postings, resumes, and job seeker behaviors to reveal emerging trends in the United States and across the world.

The unique insights generated by Hiring Lab inform talent management, employment, and labor policy decisions for businesses, researchers, academics, and job seekers alike. Hiring Lab partners with a range of policy-making organizations and NGOs, including the International Monetary Fund, the European Central Bank, and the Bank of Canada, to produce timely, incisive research. Hiring Lab data is also regularly cited in prominent business publications such as The Wall Street Journal, CNN, Reuters, The Globe and Mail, Der Spiegel, and The Financial Times. Hiring Lab economists regularly speak about labor market trends at leading industry, policy, and academic conferences.

For more labor market insights from Indeed Hiring Lab, please visit hiringlab.indeed.com or data.indeed.com to view fresh labor market data across various global markets.